



Balmuildy Primary School

Relationships, Sexual Health
and Parenthood

Topics for May/June 2024



EARLY LEVEL

Primary 1

- My body
- Our families
- When I feel sad or upset

FIRST LEVEL

Primary 2

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- My body
 - Privacy
 - People who help and look after me

Primary 3

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- My family/All our families are different
 - Feelings and safety
 - Similarity, diversity and respect
 - Keeping Clean

Primary 4

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- Safe and happy online
 - How human life begins, pregnancy and birth

SECOND LEVEL

Primary 5

- My body
- Friends and friendship
- My senses: Things I like, things I don't like
- Consent

Primary 6

- Emotional wellbeing and Body image
- Love and relationships
- Sex: How people have sex/what do they do?

Primary 7

- Menstruation
- How adults plan and prevent a pregnancy: contraception and condoms
- Consent
- Social Media/ Popular Culture